

Creative Movement for Toddlers and Pre-Kinder Children

This class is geared towards children ages 3-6. Adjustments and suggestions will be given for younger dancers.



Class Order:

Jumping Jacks and running in place
Follow the Leader: standing shapes and movements
Simple ballet positions: first, second, plie, tendu, passe
Floor stretches
Across the floor: animals, levels, pathways
Freeze dance: music, levels, shapes, tempo

Music Choices

I use real music in my classes for tykes: Family friendly pop, Michael Jackson (their absolute favorite!), classical (Bach, Vivaldi, and Tchaikovsky), folk music and instrumental music designed for modern classes (percussion generally).
(I try to avoid Disney, though sometimes will use it upon request)
iTunes has family friendly play lists

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